

# EMPOWERING PATIENTS FOR INDIVIDUALIZED CARE

May 3<sup>rd</sup>, 2025: Aurora, CO



## CONFERENCE SCHEDULE\* Conference 2025 Theme: Mind, Body, and Soul

8:00 – 9:00am Registration  
9:00 – 9:05am Welcome – Erin Cobry, MD and Halis Kaan Akturk, MD  
(main auditorium, room L28-1102)

### Session 1

9:05 – 9:40am **Diabetes Technology Updates**  
Speakers: Greg Forlenza, MD  
Moderator: Erin Cobry, MD

9:40 – 9:50am Break

### Session 2

9:50 – 10:25am **Split Sessions**

CHOOSE ONE	
<b>Women's Health</b> <b>Women's Health Throughout the Lifespan</b> (Room P28-2104) Speakers: Sarit Polsky, MD, MPH Moderator: Lauren Waterman, MD	<b>Role of the Family, Friends, and Support Systems for People with Diabetes</b> (Room P28-2303) Speakers: Ellen Fay, LCSW, CDCES Moderator: Christie Beatson, RD, CDCES

10:25 – 10:35am Break

### Session 3

10:35 – 11:15am **Insulin Resistance and Weight**

CHOOSE ONE	
<b>ADULT SESSION</b> (Room P28-2104) Speakers: Christie Beatson, RD, CDCES Moderator: Halis K Akturk, MD	<b>PEDIATRIC SESSION</b> (Room P28-2303) Speakers: Lauren Waterman, MD Moderator: Gail Spiegel RD, CDCES

11:15am – 12:00pm Sound Bath, Youth session/activities (art project, girl scout diabetes detective), exhibits, exhibit bingo, other activities

12:00 – 1:00pm Lunch break and Exhibits, Meet the Professors (bridge area; Rm. L28-2001)

### Session 4

(main auditorium, room L28-1102)

1:00 – 1:35pm **Exercise Management in Diabetes**  
Speakers: Dessi Zaharieva, PhD  
Moderator: Christopher Schaaf

1:35-1:45pm Break

### Session 5

1:45 – 2:20pm **Updates On a Cure For Diabetes**  
Speaker: Christopher Schaaf, PhD  
Moderator: Dessi Zaharieva, MD

2:20 – 2:25pm Closure: Erin Cobry, MD and Halis Kaan Akturk, MD

2:25 – 3:00pm Visit Exhibits, Socialize (bridge area; Rm. L28-2001)

All session durations include discussion and Q and A

\* no CME accreditation / Program subject to change